



WINONA COUNTY
ASAP
Alliance for Substance Abuse Prevention



Winona County Alliance for Substance Abuse Prevention & Crime Prevention Committee
2:30 pm June 20 – Family & Children’s Center

Attendees:

Beth Moe	Phil Huerta	Rebecca Church
Darci Roesler	Jenna McMillan	Diana Cyert
Janneke Sobeck	Linda King	Diane Hanke
Kate Hansen	Danielle Swedberg	
Lori Ortega	Helen Bagshaw	
Mary Olson	Sarah Anderson	

May Minutes:

Not enough board members present, vote will happen via email.

Financial Update & Carry over Deadline:

Coming up we have expenses for travel and conferences. We are about \$300 short on our match, and the concern right now is meeting the required 100% match (via in-kind donations, volunteer time, meeting space) of actual federal dollars spent. Need to try to get creative: support what other coalition members are doing, document partnering with other local groups, and documenting Winona Health workers volunteer time talking about ASAP at county fair. Volunteers learning basics about prevention at [Substance Abuse Prevention Skills Training in Bemidji, MN \(Aug 15-18\)](#) (with a full or partial scholarship) would be big match if some individuals were interested in going. Please let Phil know if you are interested in attending this training. Carryover deadline is July 30th, we can carry over 10% of this year’s budget to accomplish existing goals and objectives. Meeting with financial agent coming up soon.

DFC Grant Progress:

No major concerns at this time. County Fair is coming up, and we are looking for volunteers to work at the table with us. We will have a driving simulator with beer goggles, trivia/prize wheel, and demonstrations. There is a lot to do this fall: (1) [Project Alert](#) Need to talk to teachers soon, talk to other schools, **can we match teachers time?** Suggestion to see if students can do it during study hall so it doesn’t take up class time. (2) [HECAT](#) in high schools, ALERT in middle schools, maybe do in the homeroom once a week. Can we have teachers do this/learn about it in training over the summer? (3) [Red Ribbon Campaign](#), want to have student led activities in high schools and middle schools.

Mission & Vision Statement:

We realized last meeting that we have a mission, but not a vision statement. A Mission is the main goal and reason. A Vision is the dream, how things would look if issue was perfectly addressed. Vision proposed has three parts. Suggestion shared to change mission to include “*an alcohol- and drug-free*” or “*substance abuse-free*” or incorporate ATOD (alcohol, tobacco, and other drugs) somehow. Updated version will be brought to next meeting.

Action Team Updates:

- **Data and Evaluation**

Want to ask the coalition these questions after viewing the 2016 Minnesota Student Survey results: “What’s the biggest thing that surprised you?” “What are some positives?” “What are some negatives?” Alcohol is still a major issue. We need to update logic models with Winona and Lewiston Data. We believe education around marijuana is not strong in community. Asked for people interested in helping to build new strategic plan for community and schools. It was shared that people want more fun things to do in Winona, and to ask students for help.

- **Parents Who Host**

Accomplishments: Sticker Shock Operation went through 1,400 stickers in 5 liquor stores, city & county proclamations signed, multiple articles posted, 23 parents signed pledge online. Next year improvements: more time, start earlier, network more, more businesses and rental property owners, pledge cards in school, ads with graduation gowns or prom attire, banners at sport venues, window clings on coolers at Kwik Trip or similar locations with coolers.

- **Education & Training**

Talked about several trainings opportunities: (1) [40 Developmental Assets](#) – historically in Winona Post, published by Jon Rislove, we will see if we can bring this up again to connect with community. (2) [HECAT](#) – Health Education Curriculum Analysis tool, teacher time constraints is a challenge. (3) Amy Carrison (from SMUMN) - see if she could come in and give a presentation around her research, possibly offer training over lunch hour or reach out to Winona Health to help with a lunch talk. Next meeting is not yet planned.

MN Legislative Update Regarding Prescription Drug Drop Boxes:

Pharmacies can now take prescription pills back (voluntarily)! Need to check with bigger pharmacies about corporate requirements. Want to see what Lacrosse County Task Force is doing. Is there anything we can do in return to help support them? Implementing drop boxes is changing the physical design of Winona County, so it’s possible we could be able to fund them in pharmacies. Funds could be covered during both this and next year’s budget.

National Coalition Academy Week 3:

Brian Sauter and Phil Huerta are going. Topics include policy, advocacy, and sustainability. We will begin to develop a sustainability plan, and should communicate about this regularly! **Development subcommittee will take on this project along with any other interested individuals.**

New Business:

- **New Sector Representative**

Darci Roesler from Family and Children’s Center is a new Board of Director, serving as the Youth Serving Organization sector representative, vote was done electronically.

- **National Youth Leadership Initiative**

Phil Huerta and Sarah Anderson are taking 4 high schoolers (3 from Winona and 1 from Lewiston) for a youth leadership training in Las Vegas from July 17-22. Afterwards, each high schooler will help with at least one coalition project (e.g. Red Ribbon campaign, action plan).

- **County Fair**
Looking for volunteers, activities are in the works, we will have car simulator, drunk goggles, and other fun activities. Available time slots for helping out are:
Saturday, July 9: 4:00 pm – 9:00 pm
Sunday, July 10: 12:00 pm – 6:00 pm
Please let [Phil](#) know if want to help!
- **Improv**
Organization that trains youth to do skits and prompt action-oriented discussions in community. Tom Koplitz came to Winona to give an informative presentation last week, this is a great possible strategy for next year's action plan.

Open Discussion:

- Helen is attending the “Green Dot” train-the-trainer type training next week.
- Suggestion: have speakers (that have gone through drug court) talk in school before homecoming or other times to share their personal stories in a classroom setting or assembly so students are more comfortable asking and discussing. Then, have facilitated discussion in classroom(s).
- Upcoming event: Sober Fest - July 16th in Kasson, MN.
- Upcoming event: Recovery's Got Talent - August 12th 6:30pm at Recovery is Happening in Rochester, MN.
- Winona Partners For Prevention in collaboration with the County Attorney's Office is exploring reimplementing the Community Responsibility Council component of the Adult Misdemeanor Diversion Program. All are welcome to attend the Campus Committee Response Subcommittee (OF WP4P) on Wednesday July 6th at 9am in IWC 145 at WSU. For more information and to let us know you'll be attending please contact, Kelsey Solum, WP4P GA at wp4prevention@winona.edu
- October is Domestic Violence Awareness Month with purple ribbons. Women's Resource Center does stuff for this, October is also Anti-Bullying Month.
- 3rd week in October is National Collegiate Alcohol Awareness Week.
- Whitewater County Coalition lost their funding, is there potential to help them?

Actions:

- **Janneke** – Coordinate voting to approve meeting minutes via email
- **Jan & BOD** – Decide carryover amount and coordinate request (Due July 30th)
- **Phil** – Find out if DFC funds be used to sponsor events
- **Education/Training, Phil, Janneke** – Initiate Project Alert conversation with middle school health teachers and principal (e.g. Rachel Stein, Brad)
- **Students** – Begin planning Red Ribbon campaign in schools (After NYLI)
- **Lori, Beth, Phil, Janneke** – Revise mission and vision statement based on feedback gathered
- **Phil** – Get permission to share MSS school district data
- **Beth, Danielle, Linda, Mary, Jenna, Janneke, Rebecca, students** – Start new year action plan
- **LOOKING FOR VOLUNTEERS** – Help initiate drop box conversation with pharmacies
- **LOOKING FOR VOLUNTEERS** – County fair tabling

Next Meeting:

Monday, July 18th at 2:30pm at the Family & Children's Center.