



WINONA COUNTY  
**ASAP**  
 Alliance for Substance Abuse Prevention



**Winona County Alliance for Substance Abuse Prevention & Crime Prevention Committee**  
**December 18, 2017: 2:30 – 4:00 pm at Pleasant Valley Church**

**ATTENDANCE**

<b>Board of Directors:</b>			
<b>*Bolded names were present</b>			
<b>Attendance:</b>	<b>Board Member:</b>	<b>Proxy:</b>	<b>Sector:</b>
<b>Present</b>	<b>Travis Volkman</b>		Chair
<b>Present</b>	<b>Helen Bagshaw</b>		Health
-	Karin Sonneman	Rebecca Church	Government
<b>Present</b>	<b>Ron Ganrude</b>	<b>Jeff Mueller</b>	Law Enforcement
<b>Present</b>	<b>Linda King</b>		Business
-	Mark Anderson	Chai Lee	Schools
-	Joe McKonkey	Brian Sauter	Faith
-	<i>Position available</i>		Parent
<b>Present</b>	<b>Beth Moe</b>	Brian Voerding	Civic/Volunteer
<b>Present</b>	<b>Jenna McMillan</b>		Substance Abuse Treatment
<b>Present</b>	<b>Darci Roesler</b>		Youth Serving Organization
-	<i>Position available</i>		Media
<b>Present</b>	<b>Payton Borchardt</b>		Youth
<b>Present</b>	<b>Janneke Sobeck</b>	<i>(non-voting)</i>	Program Director
<b>Present</b>	<b>Phil Huerta</b>	<i>(non-voting)</i>	Program Coordinator

<b>Coalition Members and Guests:</b>	
<b>Name:</b>	<b>Organization:</b>
<b>Kate Hansen</b>	Winona Partners for Prevention
<b>Stacy Cottrell</b>	Miller Mentoring
<b>Alison Marco</b>	ASAP Secretary
<b>Carin Hyter</b>	Winona County Drug Court
<b>Karla Eppler</b>	Winona Area Ambulance
<b>Deb McComb</b>	Winona County Services
<b>Tressa Reuter</b>	Hiawatha Valley Mental Health Center
<b>Paulette Clark</b>	Regional Prevention Coordinator - SE
<b>Judi Zabel</b>	Guest – La Crosse County Prevention Network

## MINUTES

### **Consent Agenda**

December Agenda – Approved

November Minutes- Approved

### **Summary of Youth Engagement Training**

Centennial Lakes Park Pavilion Edina, MN

November 29-30, 2017

Training was facilitated by Deb Moore from the University of Minnesota. ASAP Coordinator attended both days of training to learn more about engaging youth in community work. Day One was spent a lot of talking about youth work theory and reflecting on our own experiences as young people. We learned about adultism, how to best approach students, and various ways that students learn. Day Two was spent learning how to work alongside students, and walked away with several activities to build connections and encourage ownership.

### **Effective Strategies for Working with Youth at UW- La Crosse**

Kate Hansen has become aware of and has passed on another youth work training open to ASAP Members. The cost is \$95; the grant will pay for any coalition members who would like to attend. Please Email [phil.huerta@winonacountyasap.org](mailto:phil.huerta@winonacountyasap.org) if interested.

- Two offerings: January 26-27 and April 21-22. Friday sessions will be 4-10 p.m. Saturday sessions will be 9 a.m.-6 p.m. Sessions will be held at the UW-LaCrosse Student Union.
- Topics include:
  - Youth Development
  - Cultural Diversity
  - Mental Health
  - Trauma Informed Care
  - Adverse Childhood Experiences
  - Motivational Interviewing
  - Effective Guidance

### **Action Team Updates**

- **Program Team:** Working on details for Appreciation Event. It will be held February 26 at the Historical Society. Also taking nominations for Prevention Champions to be announced at the event.
- **Students:** Laptop stickers are in and are being handed out to students at Winona Senior High and Lewiston High.
- **Outreach:** Annual report information has been sent out to the graphic designer.
- **Evaluation:** The every-2-year student survey is being worked on.

### **DFC Enhancement Grant (CARA)**

This enhancement grant – open only to DFC grantors – is for up to \$50,000 over 3 years. It will cover opioids and meth. Application deadline is January 29. In writing it, we need to determine key events in the community – perhaps including out-of-home placement costs (with parents using and being arrested), attempted overdoses at the high school, additional usage at the high school, etc. Motion was made by Linda and seconded by Jenna to go forward and apply. A workgroup will be formed and will meet early in January.

### **Paulette Clark**

She is our Regional Grant Coordinator and works at the Resource Center in Austin, MN. She is there to be a resource for us. We discussed the possibility of bringing St. Charles into the coalition to include all of Winona County, since they (the Whitewater Coalition) did not receive

their continuation grant. We will discuss this at the January board meeting, with Paulette talking to Bill Spitzer (former Whitewater Coalition Coordinator) about what is being done in St. Charles, and Phil talking with Deacon (evaluator at Epiphany Community Services) to see if this is a possibility.

### **La Crosse County – Marijuana Report**

Judi Zabel from the Prevention Network for LaCrosse County gave a presentation to the board about what is happening in the county regarding marijuana and looking at legalization and what will need to be done. Studies have shown that students who use every weekend for a 2-year period are 6 times more likely to drop out of school, 3 times less likely to enter college, and 4 times less likely to earn a degree. LaCrosse County has seen more people that get arrested for a nonrelated charge will test positive for marijuana. According to the National Emergency Department data hospitalizations involving marijuana have increased 52% from 2004 to 2011. At Gunderson Health, there were 225 marijuana-related visits in 2013, with 522 in 2016. When looking at overdose deaths, in 2017 alone, marijuana was present in 12 out of the 24 deaths, with half of them involving alcohol as well. The perception of harm for marijuana is decreasing. The 2017 Community Perceptions survey showed that 67% support the legalization of marijuana for medical use with FDA approval, 28% support legalizing it for medical use without FDA approval, and 21% for legalizing it for recreational use.

### **Roles and Responsibilities of Nonprofit Board Members**

Beth Moe, Board Chair, gave a presentation on Roles and Responsibilities of Board Members. She talked about Fiduciary Duty, which is the duty to act solely in another party's (the Coalition's) interest. There are 3 types - include duty of care, duty of loyalty and duty of obedience. We went over each one and what the board must know and do about them. Some best principles and practices of a board (in particular, governance) were also discussed. Finally, the characteristic and qualifications on what is needed to make up a board were gone over and the responsibilities that come with them.

### **Director's and Officer's Insurance**

For lack of time, this was moved to the January board agenda.

**Next Meeting:** Monday January 22, 2:30 at Pleasant Valley Church

Respectfully submitted,

Alison Marco, Board Secretary