



Winona County Alliance for Substance Abuse Prevention & Crime Prevention Committee
October 16, 2017: 2:00 – 4:00 pm at Pleasant Valley Church

ATTENDANCE

Board of Directors:			
*Bolted names were present			
<u>Attendance:</u>	<u>Board Member:</u>	<u>Proxy:</u>	<u>Sector:</u>
Present	Travis Volkman		Chair
Present	Helen Bagshaw		Health
Present	Karin Sonneman	Rebecca Church	Government
-	Ron Ganrude	Jeff Mueller	Law Enforcement
-	Linda King		Business
-	Mark Anderson	Chai Lee	Schools
Present	Joe McKonkey	Brian Sauter	Faith
-	Lori Ortega		Parent
Present	Beth Moe	Brian Voerding	Civic/Volunteer
Present	Jenna McMillan		Substance Abuse Treatment
-	Darci Roesler		Youth Serving Organization
-	<i>Position available</i>		Media
Present	Payton Borchardt		Youth
Present	Janneke Sobeck	<i>(non-voting)</i>	Program Director
Present	Phil Huerta	<i>(non-voting)</i>	Program Coordinator

Coalition Member and Guest Attendance:	
<u>Name:</u>	<u>Organization:</u>
Kate Hansen	Winona Partners for Prevention
Stacy Cottrell	Miller Mentoring
Bridget Klinger	Winona Police Department
Alison Marco	ASAP Secretary
Carin Hyter	Winona County Drug Court
Marie Kovecsi	County Commissioner
Tressa Reuter	Hiawatha Valley Mental Health Center
Amanda McGregor	Winona Health

MINUTES

Consent Agenda

Financial Update: Approved

Motivational Interviewing Training: Kate Hansen talked about an opportunity to getting training in motivational interviewing through the Winona Partners for Prevention (WP4P). Timothy Milbrandt, MS, CTTC from Mayo Clinic's Nicotine Dependency Clinic will facilitate the 3-part. One full day session followed by two half day instructor led practice sessions will be offered. Up to 1.5 CEUs or continuing education units, will be provided through WSU's Adult and Continuing Education Department to at no cost to participants. Participants will receive digital handouts of the materials provided by the instructor. This training is open to ALL and is FREE. All sessions will take place in Haake Hall's first floor conference room at WSU.

Dates & Times

November 2nd 8am-4pm (Lunch provided)

November 9th 8am-12pm

November 16th 8am-12pm

Please [register online](#) by 10/28/17

RECAP of ECS Coalition Retreat:

Janneke talked about using world café style to open up a wider discussion for the topic of sustainability and public health wellness tools.

Sustainability Training:

What is Coalition Sustainability?

- Focusing on sustaining the coalition and goals in the community.
- Understanding the need to sustain both people and financial resources.
- Developing a plan that will keep the coalition moving forward and can use in future planning.
- Ensuring that the plan maintains the needed strategies and interventions.

What Do We Want to Sustain? We need to sustain people, the model that we use, relevant work, resources, and strategies/ interventions.

Went around the room and discussed and shared everyone's responsibility in ASAP

People: We need to sustain relationships with different people and their roles within the coalition. We need to be able to recognize them and reward them, as well as, respect their opinions in the group. It is also important to show and share the results that are created.

Our Model: This includes having a calendar for the process of the coalition, using the products developed and updating them regularly, sharing the work and responsibility, and letting others know.

Relevant Work: We need to know what the concerns are for the community by identifying shared root causes, show the interaction of different issues, and align with champions on important issues.

Resources: Types of resources – Human, social, and material. Questions to think about – What resources do we have? What do we need? How and where do we get them?

Strategies/Interventions: They need to be proven effective and aligns with logic model.

How do we raise funds? The four ways are: Ask, Share, Earn, and Charge.

Ask: Grants, fundraisers, donations, and payroll

Share: Assert sharing, in-kind contribution, leverage shared position

Earn: Entrepreneurial activity, business plan, partial ownership in a for-profit enterprise

Charge (Biggest way to Growth): Fee for service, fine/penalty (prevention revenue), line item in a budget

Discussed the pros and cons of each way in Winona.

Upcoming events:

- Marijuana Community Talk and Hidden in Plain Site Exhibit - October 24th 6:30pm-7:30pm at the Winona Senior High School auditorium.
- National Prescription Drug Take Back Day- October 28th 10:00am-2:00pm at the Central Fire Station
- Tween Ultimate S'mores Party- October 31st 7:00pm-8:30pm At the St. Mary's University – Gazebo

Next Scheduled Meeting:

Monday, November 21st at 2:30pm at Pleasant Valley Church

Minutes by Alison Marco