



WINONA COUNTY
ASAP
 Alliance for Substance Abuse Prevention



**Winona County Alliance for Substance Abuse Prevention & Crime Prevention Committee
 May 20, 2019: 2:30 – 4:00 pm at Pleasant Valley Church**

ATTENDANCE

Board of Directors: *Bolded names were present			
Attendance:	Board Member:	Proxy:	Sector:
-	Travis Volkman		CJCC liaison
Present	Helen Bagshaw		Health – Vice-Chair
Present	Karin Sonneman	Rebecca Church	Government
Present	Ron Ganrude	Jeff Mueller	Law Enforcement
Present	David Steinquist		Business
Present	Mark Anderson	Stacy Cottrell	Schools
Present	Danielle Bartz		Faith
-			Parent
Present	Beth Moe	Brian Voerding	Civic/Volunteer - Chair
Present	Jenna McMillan		Substance Abuse Treatment
Present	Darci Roesler	Jason Larsen	Youth Serving Organization
-			Media
Present	Payton Borchardt		Youth
		<i>(non-voting)</i>	Program Director
Present	Phil Huerta	<i>(non-voting)</i>	Program Coordinator

Coalition Members and Guests:	
Name:	Organization:
Ted Barthel	Hiawatha Valley Mental Health Center
Kayla Kaczorowski	Treatment Court of Winona County (intern)
Carin Hyter	Treatment Court of Winona County
Tori Borzyskowski	Winona Health - Parent
Lisa Hawkinson	Community member - Parent
Paulette Clark	Regional Prevention Coordinator
Gabrielle Mark	Newly hired Program Coordinator
Melissa Adolphson	EpiMachine – Program Evaluator

Consent Agenda

- May Agenda
- April Minutes
- May Finance Report
- Approved by consensus.

Get to Know a Coalition Member

Helen Bagshaw suggested that one member a month talk about who they are, and why they are interested in our work. Ted Barthel from Hiawatha Valley Mental Health Center (HVMHC) volunteered

to be our first speaker. Ted was originally interested in the criminal justice field, then discovered his affinity for the recovery community, and became a Licensed Alcohol and Drug Counselor (LACD). He interned at HVMHC and now works there. Dave Steinqvist has agreed to share his story at the June board meeting.

Organization Updates

- Coordinator Position

This was Phil Huerta's last meeting as Coordinator. (Helen Bagshaw brought cake so we could celebrate his work, and that of Payton Borchert, who is graduating from high school and has been an outstanding Youth member). He will stay on as Program Director, a 10%-time position. Several Board members, along with Winona Health HR staff, conducted interviews for his successor. Gabrielle Mark was offered and accepted the position; she will begin June 17. She was in attendance at the meeting. Welcome, Gabrielle!

- Sustainability

We are in the 4th year of the 5 year grant. The coalition needs to begin sustainability planning, along with developing a grant for years 6-10 in the next few months. There is a significant risk that ASAP will face a "gap year" for funding (Gabrielle has been made aware that funding for her position is guaranteed only until the September 29, 2020), since the Federal government has signaled its intent to expand ASAP-like programming throughout the nation (but without additional funding). There are, however, additional funding sources/types of funding that may be available.

- New Federal oversight organization

SAMSHA has always been the funder and oversight organization for DFCs (Drug-Free Communities). As of June 30, that oversight will shift to the Centers for Disease Control (CDC). We will watch to see when funding opportunity becomes available.

- Request for credentialing funding

On behalf of ASAP, Helen Bagshaw has attended extensive training in the work we do. She has requested funding to become credentialed in this work, for the next 2 years, at a cost of \$125. (Any member of the Coalition is eligible for this this credentialing, as long as they attend the training). Jenna McMillen made a motion, and Dave Steinqvist seconded it, that we pay for Helen's credentialing for this purpose. Discussion ensued, and there was significant consensus that she is one of the most visible members of our Coalition, and does a significant amount of work on our behalf. Motion was unanimously carried.

Action Plan Review

Melissa Adolphson, from EpiMachine (our program evaluator) brought a significant amount of information to the meeting to share with the Board/Coalition, about community conditions and how we are addressing them.

One area of discussion was whether we are having an impact, have the time, and are making a measurable difference on all of the community conditions, etc. More discussion will take place at later meetings.

- Youth taking alcohol from home (3 of 10, according to Minnesota Student Survey – MSS)
 - Potential strategies include a campaign showing parents how to lock up and monitor alcohol. Nothing has been implemented to date. Those involved in HIPS (Hidden in Plain Sight) are working to develop something for that exhibit; it's been difficult to find ways to do this in a logistical and practical way. Some ideas were shared about this, including educating parents on ways to monitor alcohol use.
- Youth drinking at parties – we have implemented "Sticker Shock" and after-prom information. However, these are not evidence-based deterrents.

- Perception and risk of harm from drinking continues to decrease. We had hoped to introduce evidence-based curriculum in schools; that did not happen (timing, and lack of interest from school district); will continue to evaluate effectiveness and continue to work with schools.
- Perception and risk of harm from marijuana continues to decrease. Am continuing to monitor conditions (Garvin Heights Park, etc.) Also providing safe and sober (non-alcohol, non-marijuana) activities, including free bowling on April 20 (4/20) – provided information about risks of use. 29 students took part. Evidence-based practices show students need “greater dosage” (aka, more exposure to positive messaging) to make a difference in decreasing use or perception of harm.
- Other activities to promote positive messaging, etc.:
 - Campaign on potential risks
 - WSU posters (deck of cards, with legal policies/consequences/etc of use)
 - Deck of cards with exercises re: positive workouts (i.e., 4 types of workouts, related to the 4 suits of cards)
 - After-prom party at WSHS – 188 students signed up; 177 attended. If students signed up but didn’t attend, their parents were called by committee members. If students left early, their parents were also called.
 - Winona Middle School – vaping programs for education of fellow students
 - “Educate and Congratulate” program, promoted by law enforcement
- Questions to continue to think about and attempt to answer:
 - What does success look like for our coalition?
 - What changes do we want to see as a result of our work?

Next meeting:

- NOTE: Will be held June 24 instead of June 17 (conflict at PV Church). WILL BE HELD AT B.A. MILLER AUDITORIUM AT WINONA HEALTH, IN ORDER TO FULLY DISCUSS T-21 ISSUES. SPACE WILL WORK FOR DR. DENVER BROWN FROM WINONA HEALTH, WHO IS A TOBACCO SPECIALIST AND IS WILLING AND EAGER TO DISCUS THIS WORK. THIS WILL ALLOW HIM TO COME WITHOUT COMPROMISING HIS PATIENT SCHEDULE.)

Upcoming Events:

- HIPS – various venues
- May 30 – vaping presentation, Bluffview Montessori School
- June 12 – Know Your Neighbor, East End Rec.
- Mid-July – Winona County Fair

Mediascope is providing the printing of the stickers at no cost.

Respectfully submitted,
Beth Forkner Moe
Board Chair, ASAP

Next Meeting: Monday, JUNE 24, 2:30-4:00 p.m., B.A Miller Auditorium, Winona Health