



Winona County Alliance for Substance Abuse Prevention Coalition Meeting Minutes

June 23, 2021 | 10:30am – 12:00pm

Location – Zoom <https://zoom.us/j/98051144078>

Mission

We work together to create a culture free from the misuse of alcohol, tobacco and other drugs for our youth through community-wide collaboration.

Vision

- To provide awareness and education for substance abuse prevention to the greater community.
- To be a community free from the negative consequences of alcohol and substance abuse.
- To support and encourage youth toward healthy life goals, unhindered by the misuse and effects

<u>2021 Board of Directors</u>		<u>Board Roles & Expectations</u>
<u>Sector:</u>	<u>Representative:</u>	
Government Chair	Carin Hyter	Attend monthly coalition meetings Participate in one Action Team Send proxy if unable to attend meetings Engage in annual strategic planning Be a positive role model and community leader for your sector Provide in-kind resources and attend coalition sponsored events
Health Vice-Chair	Helen Bagshaw	
Substance Abuse Treatment	Ted Barthel	
Law Enforcement	Ron Ganrude Proxy Jeff Mueller	
Business	Christie Ransom	
Education	Kenzie Antczak	
Faith	Rev. Jon Spinillo	
Parent	Crystal Hegge	
Civic/Volunteer	Vacant	
CJCC Liaison	Travis Volkman	
Youth Serving Organization	Karrin Geier	
Media	Vacant	
Youth	Vacant	
Program Director	Deb McClellan	
Program Coordinator	Phil Huerta	

Meeting Minutes

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1. Welcome and Introductions (5 mins – Carin)

- a. **Board Members Present:** Ron Ganrude, Carin Hyter, Travis Volkman, Rebecca Church (proxy), Ted Barthel, Karrin Geier, Jon Spinillo, Helen Bagshaw
- b. **Coalition Members/Guests Present:** Deb McClellan, Phil Huerta, Gayle Olsen, Deb McComb, Paulette Clark

2. Consent Agenda (2.5 mins – Carin)

- a. Travis approved the June agenda, Jon seconded the motion to approve the agenda

3. Board Updates (10 mins – Phil)

- a. Board Member Spotlight [Karrin Geier] – Karrin asked to reschedule this for August
- b. Sector Recruitment: [Media, Civic/Volunteer Org, Youth, Parent] – Phil reached out to Chris Rogers. Since the ASAP meeting took place, Mr. Rogers declined the invitation for the Media board role. Christie is going to see if Scott Sherman could fill the Civic/Volunteer role. Carin mentioned Jose' Pelez for the media position. Since the ASAP meeting took place, Mr. Pelez declined the invitation for the Media board role. Jon is going to reach out to individuals who may be in the newspaper world with interest in the Media board role. Paulette mentions the following ideas for the Civic/Volunteer role: Lions Club, American Legion, VFW, Elks, Eagles, Rotary, Winona Community Foundation, Engage Winona.
- c. [Board Nomination Form](#) [1 new] - Crystal Hegge submitted a nomination form for the parent sector. Helen made a motion, Ron made a second. All were in favor. Welcome to Crystal!
- d. 2021 Blueprint of Board Priorities
 - i. WAPS Partnership [Curriculum] - Likely in the fall we can introduce this to the school according to staff. Phil is wondering if we have a PTA in action right now. The group was uncertain.
 - ii. Annual Appreciation Event [Set Date?] - In the past, we have done this event early in the year once the annual report was distributed. Another idea is to do this at the end of the school year, or beginning. Helen suggests doing this in the fall when everyone is energized and excited about going back to school. Paulette was wondering if we could do this during the Winona County Fair. The Executive Committee had a meeting following the ASAP coalition meeting and agreed to schedule this for the fall during the time that school starts. We will have an informal back to school appreciation event, and a more formal collation meeting to recognize our volunteers in the fall.

4. Guest Speaker (15 mins): Gayle Olsen with Community Pathways to Family Health and Recovery (CPFHR) a 501c3

- a. There is now a school based clinic in Rochester has been a long standing idea for her and a group of colleagues to create. Their ALC opened in 2013, which is when the clinic started there.
- b. One of the things that impressed them, was how many students came from families with addiction and instability.
- c. Mayo Clinic took over the operation of the clinic at the ALC more recently. The focus is now serving students with families who have addictions. They now have a non-profit to support the ongoing funding of this clinic. There are not a lot of resources for SUD families as a whole. For every child and caregiver who are known to the system, there are 20 that are unknown to the system. This is the group they are most interested in working with.
- d. They are creating a toolkit for caregivers that will explain the impact on families and the needs of children in a developmental context. Many of the issues that caregivers have are around not having legal custody of the children. This information and the ongoing resources involved will help caregivers especially be able to explain addiction on the level that the children can understand while remaining sensitive to trauma that has been experienced. The toolkit will be available online and in print copies as an outreach effort (placed in jails, ER's, etc.)
- e. Mayo Clinic has asked Gayle's team to start a family support group that will have a psychoeducation approach along with peer support. They are answering the question, "How do you communicate with someone who has a SUD and how do you help children in this setting?" Piloting this family support group this fall with the academic community in partnership with Mayo Clinic.
- f. They also plan to conduct in depth interviews with children and caregivers as a research project this fall. This will be a "families in transition" research project. Questions they are answering include. "What are the needs of picking someone up from detox or custody, while they are still perhaps withdrawing from substances?" They are more focused on helping the family and the addict recover as a whole. They also want to look at the public shaming that occurs when criminal activity is posted in the media by news sources.
- g. Gayle mentioned that Sesame Street now has a mother who is an addict and someone who is homeless to help have these conversations in a way that children can relate to and understand.
- h. Carin posted a link to "Paper Tigers" in the chat, a video documentary that exemplifies some of the pieces of the work that Gayle and her colleagues are acting upon.

5. Financial Updates (2.5 mins – Deb)

- a. Match Tracker [Add match for May [HERE](#)] - We have about \$80,000 in match needed by the end of September to meet our requirements. Phil shared that there may be a COVID relief waiver to forgive shortcomings with match.
- b. As a reminder, our match goal before the end of September is \$115,490. We have \$79,691.74 left to match before the end of September. We have \$67,782.13 left to spend in the ASAP budget before the end of September.

6. Subcommittee Updates (25 minutes – Carin, Phil, All)

- a. Roadmap and work plans
 - i. Keep or remove activities this year?
 - ii. RBST, POLD, compliance checks?
 - iii. Assess capacity and key partners
- b. Subcommittee reports
 - i. Alcohol, Tobacco, Youth Engagement
 1. Tobacco Subcommittee: Helen reports that the 101 vaping presentations and the vaping boxes for the high school are current priorities of the group.
 2. Youth Engagement Subcommittee: This was a brainstorming session with Restorative Justice in attendance. They discussed the action plan and priorities for the upcoming school year, including creating a youth group and assisting the tobacco subcommittee with the vaping boxes in the high school if needed.
 3. Alcohol Subcommittee: They reviewed the work plan including RBST, compliance checks, updating website about alcohol resources and the partnership with Project FINE. Looking into RBST options and what is most applicable for the Winona community. Community volunteers closely tied to the coalition may be able to teach these RBST trainings. A reminder that 18-20 year old volunteers would be needed from these compliance checks. Travis mentioned that police reserves might be able to help with this, but they have a small group. Goodview and Winona PD also have reserve units that we could look into utilizing. Rebecca is wondering what the hesitation was from the young adults who were asked to participate, but chose not to. Phil mentioned that being local was a discomfort. Travis will connect with Goodview reserve officer for recruitment. ASAP can provide coverage for overtime involved with this for law enforcement, but it would need to be included as an allowable expense with a more formal conversation. This has been included in past ASAP expenses. We may need a board vote to formally approve the expense.

7. Upcoming Events (10 mins – Carin)

- a. Farmers Markets [tabling] - Carin will reach out to the Goodview Coordinator for attending on Thursdays. Since the ASAP meeting, Carin and Destiny set up at the Winona Farmer's Market on June 26th. Our mission was well received! Helen is going to set up at the Winona Farmer's Market on July 17th. Phil will create a sign up form for those that want to volunteer.
- b. [Winona County Fair](#) [July 7-11, table?] – We are partnering with SHIP and the Sheriff's Department for our tabling. We will bring the vaping backpack to show to parents. Rebecca shares concerns about leaving the vaping backpack unattended and how we can work around that. We have since confirmed that our materials can be left in the Sheriff's Department trailer while unattended. The sign up link is included in the minutes email for volunteering at this event.

- c. Naloxone Training [donation] – Carin will email Kalene to let her know we are on board with supporting this financially. When will this be held?
- 8. Training and Conferences (5 mins – Phil, All)**
- a. [NAITx Model](#)
 - b. Any interest or needs?
- 9. In The Media (5 mins – Helen, Phil)**
- a. [“Hats off to the resilient class of 2021”](#)
 - b. [“New WSHS principal pledges to lead with ‘empathy and partnership’”](#)
 - c. [“Cheers! Adult Beverage Items Are Coming to Order Pickup, Drive Up and Same-Day Delivery At Stores Across The Country”](#)
 - d. [“Carry-out alcohol from restaurants becomes permanently legal”](#)
- 10. Sector Sharing (10 mins – All)**
- a. Helen suggests we go to the county board to see if they would ban flavored tobacco and e-cigarettes. Rushford has done so, so that gives us hope that Winona can too!

Next scheduled Board Meeting:

July 28, 2021 | 10:30am – 12:00pm Via Zoom