



Winona County Alliance for Substance Abuse Prevention Coalition Meeting Minutes

August 25, 2021 | 10:30am – 12:00pm

Location – Zoom <https://zoom.us/j/98051144078>

Mission

We work together to create a culture free from the misuse of alcohol, tobacco and other drugs for our youth through community-wide collaboration.

Vision

- To provide awareness and education for substance abuse prevention to the greater community.
- To be a community free from the negative consequences of alcohol and substance abuse.
- To support and encourage youth toward healthy life goals, unhindered by the misuse and effects

<u>2021 Board of Directors</u>		<u>Board Roles & Expectations</u>
<u>Sector:</u>	<u>Representative:</u>	
Government Chair	Carin Hyter	Attend monthly coalition meetings Participate in one Action Team Send proxy if unable to attend meetings Engage in annual strategic planning Be a positive role model and community leader for your sector Provide in-kind resources and attend coalition sponsored events
Health Vice-Chair	Helen Bagshaw	
Substance Abuse Treatment	Ted Barthel	
Law Enforcement	Ron Ganrude Proxy Jeff Mueller	
Business	Christie Ransom	
Education	Kenzie Antczak	
Faith	Rev. Jon Spinillo	
Parent	Crystal Hegge	
Civic/Volunteer	Vacant	
CJCC Liaison	Travis Volkman	
Youth Serving Organization	Karrin Geier	
Media	Vacant	
Youth	Vacant	
Program Director	Deb McClellan	
Program Coordinator	Phil Huerta	

Meeting Minutes

August 25, 2021 | 10:30am – 12:00pm

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1. Welcome and Introductions (5 mins – Carin)

Board Members Present: Travis Volkman, Carin Hyter, Ted Barthel, Helen Bagshaw, Crystal Hegge and Maureen Wood (proxy for Jon Spinillo)

Coalition/Staff/Guests Present: Paulette Clark, Deb McClellan and Phil Huerta

2. Consent Agenda (2.5 mins – Carin)

Email will need to be sent out for approval since we did not have a quorum.

3. Staff Updates (10 mins – Phil)

- a. Board Member Spotlight [Karrin Geier] – Karrin was not present today, hopefully she can present next month.
- b. Sector Recruitment [Media, Civic/Volunteer Org, Youth] – Phil has reached out to Frankie Sears with the Boy Scouts and Deb will reach out to Scott Sherman for the Civic/Volunteer position. Helen inquired about Andrea Northam as she seemed like a great addition to the Media position from our previous ASAP meeting. Helen will follow up. Crystal is going to follow up with LaShara Morgan (Our Voices) for the Civic/Volunteer position. Crystal mentioned that the time of this meeting would be difficult for a youth member to attend. Phil proposes a written update from the youth member if they are unable to attend meetings. Paulette mentioned that these meetings could be recorded for the youth member to watch as well. Phil mentioned that he has been brainstorming about a youth internship position and the development of that. Helen suggest a youth group rather than one youth member so it is less intimidating and more collaborative.
- c. [Board Nomination Form](#)
- d. 2021 Blueprint of Board Priorities [WAPS, Recognition Event] – Helen organized a meeting with the WAPS principal and vice principal regarding fall initiatives, which went very well! September 18th is the date of the Saturday football game that ASAP is going to table at with Elle Mark, Miss Minnesota! All board and coalition members were encouraged to mark their calendars to attend.
Helen asked if Destiny was still interning with ASAP. Destiny successfully completed her internship early and has completed her time with us. Helen inquired about the plans for another intern. Phil said that WSU has had a challenge committing interns in person due to COVID. Paulette has some internship resources for Phil to review. Carin asked if ASAP has ever shared an internship with Live Well Winona. Deb reports that it has been done, but the intern pool again is very low this year. Both agencies would like to continue a partnership if it works in the future. Crystal mentioned that WSU has a career fair each fall, which might be beneficial for ASAP to participate in. Deb is in contact with St. Mary's about a potential pool of interns also.

4. Biennial bylaw amendments (20 mins – Exec. Committee, All)

- a. [Proposed bylaw revisions](#) [Discuss and make vote]

Those present reviewed the bylaws changes. The executive committee will bring the final proposed draft back to the board again in September for approval. Carin and Helen will propose an evaluation process for the Director and Coordinator in September as well.

5. Financial Updates (2.5 mins – Deb)

- a. Match Tracker [Add match for August [HERE](#)]
b. There is \$62,055.53 remaining in the budget to spend before the end of September. There is \$72,116.10 remaining in dollars to match before the end of September.

6. Subcommittee Updates (20 minutes – Helen, Phil, All)

- a. Alcohol, Tobacco, Youth Engagement [Updates, requests]
- i. Alcohol: Ted shared that there is some planning for a HIPS training at Hiawatha Valley Mental Health Center (HVMHC) this fall. The Responsible Beverage Server Training (RBST) planning is still ongoing, Ted shared that an overdose prevention/awareness event is being planned with HVMHC and possibly ASAP could partner with that event. Alcohol education is being planned around National Prescription Drug Take Back Day.
 - ii. Tobacco: This subcommittee did not meet during the month of August. Helen reports that the vape box was delivered to the WAPS staff, and they are interested in having these throughout the schools. There was an orientation for high schoolers that ASAP tabled at. Helen reports that approximately 150 parents and youth were present (9th – 12th graders). All would have been aware of the ASAP table as they needed to walk past it to enter the auditorium. Helen states that she spoke to about 20 people and Principal Heather Fitzloff spoke about ASAP in her welcoming presentation. A new contact was formed with the Riverway school district. Riverway would be interested in the Vaping 101 presentation.
 - iii. Youth Engagement: Crystal reports that this subcommittee discussed doing some integration in the schools such as during the school lunch hour or through events such as movies, bowling, support groups, etc. This subcommittee has an ongoing partnership with Front Porch Unity and Restorative Justice. Frozen River Film festival would love to partner with ASAP for a short film series with the topic of things to do instead of using drugs and alcohol. Phil report that the Summer End Challenge is almost complete. There were 5 students who participated so far. The paddle challenge was on 8/12. Phil, Destiny and Eldridge McClatchey (from Front Porch Unity) participated in that event. A Women’s Empowerment Weekend is being planned for October by Front Porch Unity. ASAP could potentially participate in this. Phil will be sharing a webinar with the subcommittee for review before the next meeting.

7. Upcoming Events (10 mins – Carin, Phil)

- a. Farmers Markets [Update]

- i. Helen wants to do the Farmer’s Market tabling but would prefer a partner or team there. Deb and Phil tabled at the Crossings Center in Lewiston two weeks ago and it went very well! The Winona Farmer’s Market is indoors during the winter, which we should plan for also.
 - b. [Summer End Challenge](#) [Update] (provided above)
- 8. Training and Conferences (5 mins – All)**
 - a. [MN Program Sharing Conference – Virtual](#)
 - i. Meeting attendees were encouraged to let Phil know within the next week if you are able to attend
 - ii. Paulette shared that there will be 32 live breakout sessions and an awesome speaker line up. The flyer will be attached to the email containing the minutes.
 - b. Responsible Beverage Server Training (RBST) – This is being planned for September 17th in Winona or September 23rd in Rochester. There are some Winona PD officers who are interested in participating along with ASAP. There are at least six people in Winona who are interested in attending. Paulette also has some interested regionally.
- 9. Sector Sharing (5 mins – All)**
- 10. In the Media**
 - a. [“Billed as less toxic, e-cigs are still harmful for youth”](#)
 - b. [“How misperceptions shape underage drinking”](#)
 - c. [“Stay safe when boating, don’t drink and drive”](#)

Next scheduled Board Meeting:

September 22, 2021 | 10:30am – 12:00pm Via Zoom