



WINONA COUNTY
ASAP
Alliance for Substance Abuse Prevention



Winona County Alliance for Substance Abuse Prevention & Crime Prevention Committee
January 23, 2017: 2:30 – 4:00 pm at the Winona Senior High School

Attendees:

Phil Huerta	Payton Borchardt	Karla Eppler
Jenna McMillan	Travis Volkman	Wendy Haake
Rebecca Church	Darci Roesler	Teri Henderson
Linda King	Stacy Cottrell	Marie Kovecsi
Helen Bagshaw	Mark Anderson	Jeff Mueller
Beth Moe	Tressa Reuter	

Welcome and introductions:

Hope Harbor:

- Guest speakers Joyce Rocco and Dorothy Ruppert presented
- Modeled after program offered in Marshall, MN running since 2005 addressing variety of destructive behaviors
- Looking to open up in Winona in July 2017
- **How long is the program?** 1 year, 1 month trial period
- **Cost?** \$3,000/month, private pay, grants and/or scholarships available, will not turn down individuals based on financial situation
- **Ages?** 13-17 year old females
- **Program orientation/description?** Identifies as Interdenominational, Christian, not affiliated with any church, residential group home, licensed by MN Department of Human Services
- **What counseling offered?** Counseling will be provided daily to residents by a licensed counselor on staff. On Fridays, families will participate in family counseling.
- **Is substance use treatment offered?** No, but will refer out
- **House capacity?** 6 females
- **Supervision?** 24/7 awake house staff
- **Schooling?** House will have one teacher on staff for homeschooling
- **Is the program voluntary or court ordered?** Voluntary, but sometimes sees court ordered clients. Girls often referred by family
- **What happens with a run away?** Too many unknowns to determine at this point
- **Freedom of residents?** Residents will be able to attend church, physical education at YMCA or WSU (potentially), participate in community service, off site counseling if needed, etc.
- **Service area?** 3 hour radius around Winona
- **House Location?** Circle Drive near Pleasant Valley Church

Approval of December minutes:

Quorum not present, minutes will be sent to Board via email for approval

Addressing Marijuana:

- Many expressed strong interest in adding marijuana to the action plan citing potential environmental improvements in Winona, student survey data, and feeling that ASAP should be in the front of any potential recreational legalization in MN to reduce growing use.
- Others voiced that it was also important to maintain RX drugs as an active focus citing that unlike nearby areas, Winona is still much lower in rates of abuse.
- We should have talking points prepared to overcome any potential challenges

Addressing Sunday liquor sales:

- Members noted that this is not an extreme expansion of available liquor sale hours as other types of Sunday sales are allowed (3.2% beer, onsite, etc). Also mentioned was the fact Winona County is a border county to Wisconsin, where Sunday sales are legal, so access to offsite alcohol is already present.
- County Commissioner Marie Kovesci noted that there is a strong push in the state legislature on this in particular, and expects a fast approval lifting the ban on Sunday sales. Also suggested writing a proposal to legislators to place the tax levied into prevention or treatment rather than placing it back into the general fund.
- Members voiced concern about coming out with a negative stance on the issue, citing it may further hurt the work of the group since “they’re against one more thing”. Suggestion was brought to write a letter to editor in response to new coverage drawing attention to the great prevention work already happening in our community with two local substance abuse coalitions.

Financial update (Cultural training):

- Adverse Childhood Experiences (ACE) Group in Winona is looking to initiate a train-the-trainer program to equip 30 people over 2 days (\$10,000), and offer 1-2 follow-up trainings (\$3,500/day)
- It was mentioned the trainer could facilitate a cultural training component, and we could contribute our budgeted line item since several members would also attend this ACE training
- We need to survey our members to see how many would actually be interested in attending the ACE training, and what aspect or topics of cultural competence they want training in
- We need more information on the ACE train-the-trainer program, and to talk with the organizers about a cultural training offering

Coalition member survey:

Members are asked to complete a brief anonymous survey (5-15 minutes) before the next meeting.

[Click here to access the survey](#)

Follow-up items/Team updates:

- Youth: Has been discussing strategies to make improvements to Garvin Heights
- Education/Training: Helen shared a video depicting warning signs of teen substance abuse, and described team’s efforts in organizing a similar mock teen bedroom at the Winona Health Wellness Expo on Saturday, February 25 from 9:00 am – 1:00 pm.

- Programs/Strategy: Looking to organize mock car crash in conjunction with Law Day mock trial event. Team needs to ask school administration about permissions and availability.
- Media/Outreach: Met with Peter Sternberg at WSU to discuss creating an infographic on collateral consequences with one of his classes.
- Data/Evaluation: Phil gained clarification that pharmacies can obtain a drop box, and he is collaborating with a practicum class at WSU to help Goltz Pharmacy through this process.

Open discussion:

- Beth Moe and Phil are going to the National Leadership Forum from Feb 6-9, and will provide insights gained at next Board meeting
- President's Day lands on next scheduled meeting time, we will instead meet on the fourth Monday of February

Minutes by Kate Hansen.

Next meeting:

Next meeting will be on **Monday, February 27, 2017** from **2:30 pm – 4:00 pm** in **Room 203 at Winona Senior High School**.

ADDENDUM:

These 3 items were approved by the Board on February 6, 2017 via email:

- December's minutes
- Addressing Marijuana
- Propose to legislators why Sunday liquor sales tax revenue should support prevention