

PARENT CURRICULA

Local Condition(s): Getting alcohol from a parent or guardian

DFC Strategy Type(s): Provide information, provide support, build skills

Pros: Strong evidence of effectiveness, and may address multiple other risk and protective factors leading to broader family and community improvements

Cons: Expensive, may be challenging to recruit parents, and may be challenging to retain parent participation over time. Also, DFC does not generally approve of curricula.

Potential Evaluation Measures: Pre- and posttests

| Curriculum | Description | Evidence | Setting | Costs |
|-------------------------------------|--|---|---|--|
| Strengthening Families Program | SFP is a nationally and internationally recognized parenting and family strengthening program for high-risk and general population families. SFP is an evidence-based family skills training program found to significantly improve parenting skills and family relationships, reduce problem behaviors, delinquency and alcohol and drug abuse in children and to improve social competencies and school performance. Delivered in 14 weekly 2-hour sessions. | Athena Forum + NREPP show strong evidence | Home- or school-based | \$3,650 + travel for 2 trainers for groups of 35 or fewer or \$3,050 for 1 trainer for groups of 15 or fewer (training + CD set) |
| Guiding Good Choices | Research-based drug- and underage-drinking prevention program for parents of children ages 9-14. Materials include workshop leader's guide, DVD, family guides and visual aids. Developed by Hawkins and Catalano. Delivered in 5 sessions. | Athena Forum + NREPP show strong evidence. Washington Policy Institute found strong return on investment. | School-based | Core program is \$979; additional costs for training and family guides |
| Creating Lasting Family Connections | This is a family-focused program that aims to prevent substance use by building resiliency in youth ages 9 to 17. Delivered in 18-20 weekly sessions. | Athena Forum + NREPP show strong evidence | Implemented through churches, schools, recreation centers or court-referred settings. | Curriculum is \$1,125, and \$300 for evaluation kit; \$ for replacement materials sets; \$ for DVDs |