



WINONA COUNTY
ASAP
Alliance for Substance Abuse Prevention



Winona County Alliance for Substance Abuse Prevention & Crime Prevention Committee

October 15, 2018: 2:30 – 4:00 pm at Pleasant Valley Church

ATTENDANCE

Board of Directors:			
*Bolded names were present			
Attendance:	Board Member:	Proxy:	Sector:
-	Travis Volkman		CJCC liaison
Present	Helen Bagshaw		Health – Vice-Chair
Present	Karin Sonneman	Rebecca Church	Government
Present	Ron Ganrude	Jeff Mueller	Law Enforcement
-	Linda King	Karla Eppler	Business
-	Mark Anderson	Chai Lee	Schools
Present	Brian Sauter		Faith
Present	Molly Dahl		Parent
Present	Beth Moe	Brian Voerding	Civic/Volunteer - Chair
Present	Jenna McMillan		Substance Abuse Treatment
Present	Darci Roesler	Craig Putz	Youth Serving Organization
Present	Greg Taylor		Media
Present	Payton Borchardt		Youth
Present	Janneke Sobeck	<i>(non-voting)</i>	Program Director
Present	Phil Huerta	<i>(non-voting)</i>	Program Coordinator

Coalition Members and Guests:	
Name:	Organization:
Bridget Klinger	Winona Police Department
Melissa Adolfson	EpiMachine - Evaluator
Heather Dionysius	WSU Student

Consent Agenda

October meeting agenda: Approved

September meeting minutes: Approved

Financial Update

Coordinator provided a brief update on the year end totals for Year 3 of Drug-Free Community funding.

Total spent: \$100,175.50

Total in-kind match recorded: \$104,840.87

Carryover amount: \$9,911.75

See more in the Budget Summary enclosed.

Board and coalition member self-evaluations

Helen Bagshaw reminded the Board and guests to complete the anonymous Coalition Survey as a self-evaluation and to provide the group with feedback for improvement. A summary of results will be provided at a future meeting by our independent evaluator – Melissa from EpiMachine. She will also be scheduling phone conversations with Board members to ask evaluation specific questions after Nov. 1.

Please complete the survey no later than November 9.

Link to access Coalition Survey: <https://goo.gl/forms/T6SszR4cX1YifS1V2>

Highlights and recommendations from Charlotte's (Project Officer) site visit

We met all requirements for the funding we have received (Note: there is no option for "exceeds requirements"). Charlotte was very pleased with what we are doing. She did have some technical assistance recommendations:

- **Administration and Management:** The executive committee will train and work with the coalition leadership to take more responsibility for the development of the action plan, implementation and procedures over the next two-year period.
- **Assessment:** Coalition members should find additional data from their sectors using out-of-the-box thinking that involves assessing factors that may encourage non-substance use in the community. Potentially an emphasis on higher social capital or increasing positive social norms.
- **Capacity Building:** Individual sector member contact to review/update CIAs, review communication outreach from representative to other community members in that sector. Solicit information from each rep for each of the 7 strategies for each substance addressed.
- **Strategic Planning:** Active sector reps. to solicit information from community members for each of the 7 strategies. Reps. should also look for written and unwritten policies within their sector.
- **Implementation:** All sectors need to determine data sources available pertaining to their sector. Sector members need to communicate well with members of the community they represent.

Discuss/prioritize local conditions

Melissa [evaluator] facilitated a discussion about 20 possible local conditions, hanging on the wall around the room, to gauge existing movement and community readiness to address each. Those in attendance then voted with small colored sticky dots to prioritize the local conditions and identify seven we want to address. Red dots were worth 3 points, and Green dots were worth 1 point. Images of the activity results are included below.

The 7 local conditions that were prioritized are:

Took alcohol from home
Got alcohol from parents
Got alcohol from parties
Perceive low risk of harm from drinking
Get marijuana from youth adults ages 18-25
Perceive lost risk of harm from marijuana use
Easy access to e-cigarettes

Areas the group thinks we need more data collection include:

E-cigarettes
Place of last drink (bars, homes)
School policies review

Perceived risk of harm of drinking alcohol

e.g. legal
health
social

look me yourself

Perceived risk of harm of drinking alcohol

e.g. legal
health
social

10

Sort of or very easy to get e-Cigs

27

Believe MOST students use tobacco (cig, chew) monthly or more often

7

Your friends would think it's not at all wrong or only a little bit wrong for you to smoke marijuana

Community not concerned about recreational marijuana use in county

7

Believe MOST students use marijuana monthly or more often

Perceive low or no risk from smoking marijuana

13

Got alcohol from parents

15

Got alcohol at parties

college parties?

12

Youth your age get marijuana from friends under age 18

3

Youth your age get marijuana from friends age 18 to 25

13

Can't talk with one or both parents about problems

6

Low positive identity

1

Feel teachers and other adults at school care a little or not at all

6

Feel adults in the community care a little or not at all

7

Low empowerment

Low social competency

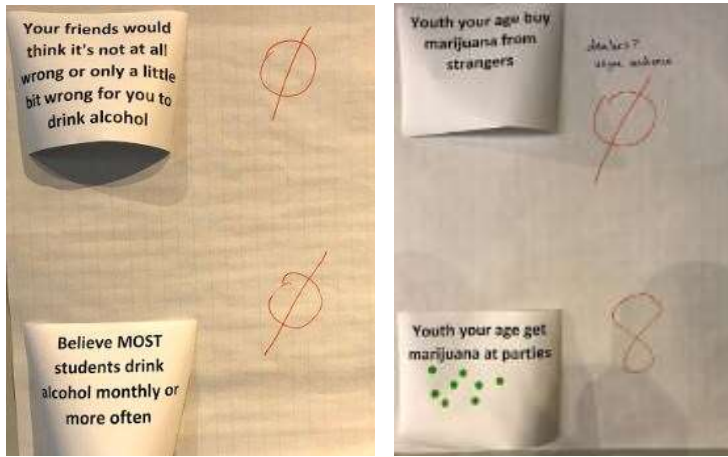
4

Got alcohol from other family members

1

Took alcohol from home

16



Next Meeting: November 19, 2018 at 2:30pm at Pleasant Valley Church

Respectfully submitted,
Phil Huerta, Program Coordinator

October-18

ASAP BUDGET SUMMARY Cost Category	New Budget w/Carryover	October '17	November '17	December '17	January '18	February '18	March '18	April '18	May '18	June '18	July '18	Aug '18	Sept.18	Remaining
Personnel	54200.00	4590.96	4590.96	4382.28	4799.64	4173.60	4590.96	4382.28	4799.64	4469.81	4682.66	4895.50	4256.96	-415.25
Fringe Benefits	14688.20	973.28	1253.33	679.25	1185.51	1414.85	1184.47	1397.95	1684.67	1037.00	1030.18	1409.91	1115.32	322.49
Travel	16014.00	196.56	463.84	391.06	2742.85	2448.41	174.53	0.00	347.07	0.00	1886.76	194.02	1532.43	5636.47
Supplies	2950.00	19.87	125.40	0.00	0.00	288.83	116.14	50.00	11.68	32.18	382.17	7.33	943.34	973.06
Contracts	17595.00	4659.00	10.00	2010.00	10.00	10.00	2135.00	10.00	2630.00	74.35	60.00	48.17	2805.00	3133.48
Other	4640.05	1025.60	371.48	328.99	86.17	373.25	605.26	253.30	276.15	36.80	727.63	99.23	194.68	261.51
TOTAL BUDGETED	110087.25	11465.27	6815.01	7791.58	8824.17	8708.94	8806.36	6093.53	9749.21	5650.13	8769.40	6654.16	10847.73	9911.75

TOTAL SPENT 100175.50

MATCH RECORDED 104840.87 5810.73 1524.9 2656.23 2587.08 10784.27 12045.23 9958.58 21844.1 2733.55 5781.54 2778.2 26336.54

Pending reimbursements:
D&O Insurance \$475

Match update:
Successfully recorded \$104,840.87 in match dollars, greater than total federal dollars spent.

Notes:
Year 3 award amount: \$105,171
Year 3 carryover amount allowed (10%): \$10,517

Spent \$1,767.34 to reach the 10% carryover allowance
\$670 Youth Empowerment Toolkit
\$337.68 Excel Images additional shirts
\$601.76 4 imprint additional promo merchandise
\$110.30 Insty-prints HIPS exhibit prints
\$47.60 Digi-copy poster board

Year 3 ACTUAL carryover \$9,911.75
Year 4 award amount: \$104,034

PRESCRIPTION DRUG TAKE-BACK EVENT

**DON'T BE THE
DEALER**



2 / 3
of teens who misused pain
relievers say they got them from
family and friends, including
from the medicine cabinet
- Partnership for Drug-Free Kids -

Saturday, October 27

10:00 am - 2:00 pm

Walgreens Parking Lot

750 Mankato Ave. Winona, MN 55987

80%
of heroin users previously
misused prescription painkillers
- MN Dose of Reality -

Instructions:

- No needles please
- Scratch out personal info
- Keep in original container

Questions? Call 507-474-2727



Winona County Alliance for
Substance Abuse Prevention
www.winonacountyasap.org

