



WINONA COUNTY  
**ASAP**  
Alliance for Substance Abuse Prevention

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## E-CIGARETTES IN WINONA COUNTY

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### *Teens are using addictive and harmful tobacco/nicotine products*

- “**1 in 4** middle and high school students in Minnesota tried an e-cigarette in 2017” (1).
- “In Winona County, **3.4%** of 8th Graders, **10%** of 9th Graders, and **16.7%** of 11th Graders used e-cigarettes within the past 30 days in 2016” (2).
- “**1 in 6 deaths** are tobacco-related in Winona County” (3).
- “Today’s e-cigarettes can deliver very high levels of nicotine. Each JUUL pod contains about 200 puffs, or as much nicotine as a pack of cigarettes” (4).
- “**7 out of 10** high school students in Winona County think vaping is a great or moderate problem in their school” (5).

### References

- (1) Minnesota Department of Health. (2017). Minnesota Youth Tobacco Survey. Retrieved from [http://www.health.state.mn.us/divs/hpcd/tpc/docs/2017\\_myts\\_highlights.pdf](http://www.health.state.mn.us/divs/hpcd/tpc/docs/2017_myts_highlights.pdf)
- (2) Minnesota Department of Education. (2016). Minnesota Student Survey. Retrieved from <http://w20.education.state.mn.us/MDEAnalytics/DataTopic.jsp?TOPICID=242>
- (3) Minnesota Department of Health. (2018). Winona County Tobacco Profile. Retrieved from <http://www.health.state.mn.us/divs/hpcd/tpc/docs/counties/winona.pdf>
- (4) JUUL. (2019) JUULpod Basics. Retrieved from <https://support.juul.com/home/learn/faqs/juulpod-basics>
- (5) EpiMachine. (2019). Alliance for Substance Abuse Prevention Listening Sessions on Vaping. Unpublished report.